



# Crow's Call



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Karl Diekman

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### **Patti Hennigan**

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### **Lucky Sandhu**

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### **Dr. Bill Harlan**

Foundation Chair

(925) 457-6589

## **Rotary Meeting — June 2nd, 2011 by Dr. Bill Harlan**

President **Dennis Garrison**, "The Menace," glowered us into submission. The Greeter, **Terry Koehne**, shared with us the alternative list of Seven Deadly Sins by Mahatma Gandhi and led us in the salute. Visiting Rotarians included **Karl Diekman (DG)**, **Jenny Disch (Dougherty Valley)** and Allen Frumkin (former president). Mayor **Abram Wilson** led us in "God Bless America."



We presented a grant to the San Ramon Police Department for their programs Character Counts and the Youth Academy. Captain **Joe Gordon** accepted the check. He was joined by officers Tom, Medina and Gunning. The latter's relationship with his father **Mike Gunning** earned Dad a substantial recognition.

**Patti Hennigan** introduced Tanya, the staff development officer for Camp Oziku, a program that works with kids with cancer and their families. Tanya accepted the check for the camp which helps children and families have a normal kid experience in the midst of their medical challenges.

**Chris Gayler** was in charge of the Educator of the Year program. He introduced the dignitaries in attendance: Mayor Abram Wilson, District Governor Karl Diekman, and representatives from the offices of Congressman McNERNEY, State Senator DeSaulnier, Assemblywoman Joan Buchanan and Supervisor Mary Piepho. The presenters of the 17 Outstanding Educators were our own **Rachel McNulty, Gary Sloan, Dr. Bill Harlan** and **Terry Koehne**.



**Service Above Self**

The 17 educators honored, along with their schools and principals are as follows: **Cheryl Reeves** of Bollinger School, **Shawn Wells**, principal **Steve Dick** of California High School, **Mark Corti**, principal **Laurel Fagenson** of Country Club School, **Mike Biondi**, principal **Karen Young** of Coyote Creek Elementary, **Marsha Tokuyoshi**, principal **Barb Weisbrod** of Gale Ranch Middle School, **Lisa Ward**, principal **Karen Rush** of Golden View Elementary, **Nancy White**, principal **Ava Angeletopoulos** of Hidden Hills Elementary, **Ken Nelson**, principal **Judy Linhares** of Iron Horse Middle School, **Michelle Cooper**, principal **Robert Alvarez** of Live Oak Elementary, **Nadine Rosenzweig**, principal **Linda Taylor** of Montevideo Elementary, **Sharon Keeton**, principal **Peggy Dulle** of Neil Armstrong Elementary, **Lorna Monteith**, principal **Sandra Kontelis** of Pine Valley Middle School, **Jason Law**, principal **Nancy Millman** of Quail Run Elementary, **Carol Loflin**, principal **Renee Pipitone** of Twin Creeks Elementary, **Barbara Mallon**, principal **Gary Curly** of Venture School, **Matt Hermann**, principal **Anne Flatley-Nott** of Walt Disney Elementary, **Joe Nguyen**, principal **Shannon Hancock** of Windemere Ranch Middle School, **David Bolin**, principal.

Our featured speaker was **Jean Irwin** and was introduced by **Robin Stevens**. Jean is a long-time teacher of deaf students. She shared with us the results of her Rotary Ambassadorial Scholarship studying strategies for teaching the deaf at the University of Nottingham. She explained that deaf students have a real challenge learning to read because language is a symbol system based on sound. She concluded with a short video showing a student named Terry learning to read at 5 and then the same student at 16 reading articulately. Jean's talk, albeit rushed, was humorously insightful.



The raffle was won by two of our educator guests, including a principal who correctly answered an esoteric question about this correspondent's footwear.





## RECOGNIZING A STROKE

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

Ask the individual to SMILE.

Ask the person to TALK . to SPEAK A SIMPLE SENTENCE (Coherently) (It is sunny out today)

Ask him or her to RAISE BOTH ARMS.

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out their tongue.

If the tongue is 'crooked', if it goes to one side or the other that is also an indication of a stroke

If he or she has trouble with ANY ONE of these tasks, call 9-1-1 immediately and describe the symptoms to the dispatcher

Command the victim to 'wake up' using their name with the command. Repeat the command.

These are the exact same techniques used by the attending neurologist for Ginny. The difference is that when she had her stroke, she felt dizzy then passed out. Upon delivery by the EMT's to the hospital, a CT scan was performed to look for bleeding in the brain. That being negative, the neurologist performed the above simple exam and determined that she likely had an ischemic stroke, that is, a blood clot in the brain rather than bleeding. This made it possible for her to have the TPA 'clot buster' injection wherein she immediately started to improve from being totally unresponsive for over 2 hours to becoming coherent and responsive with continued improvement over the next few hours.

In order for the injection to be most helpful, it has to be given within a 3 hour time frame from the stroke!!

Remember these simple steps and you can perform them while waiting for the EMT's to arrive. **But first call 911**. It is not worth wasting time wondering if the patient had a stroke or not. Don't wait! Time is precious!!

Thanks to Sharon Harvey for her immediate attention to Ginny.

Meeting: Thursday, 12:15  
Crow Canyon Country Club  
711 Silver Lake Dr., Danville

Jim Livingstone, Publisher  
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e-mail: [jwl459@comcast.net](mailto:jwl459@comcast.net)

## San Ramon Rotary

### Greeter Protocol

When you are blessed with the duty of being our greeter, you should remember the following: (1) You should be at the meeting by 11:45 am in order to greet everyone as they come to the meeting. (2) You should bring a “greeter’s gift”. The gift should be approximately \$20.00 in value. (3) You will be leading the flag salute, giving the inspiration, and introducing the visiting Rotarians. It is a good idea to watch the visiting Rotarians sign in, so that you can ask them about any complicated names or classifications, or just plain BAD handwriting. cff

Is it the truth?

Is it fair to all concerned?

Will it build goodwill better friendships?

Will it be beneficial to all concerned?

### Future Programs:

**June 9th - Foundation Grants**

**June 16th - Honorary Rotarians**

**June 23rd - Business Hall of Fame**

### Upcoming Events and Dates to Remember

**June 30th - Demotion Party**

### Schedule of Greeters

**June 9th Matt Carhart**

**June 16th Walt Trembley**

